DANCING EARTH

Earth Body Midwinter series

MOVEMENT OF MATRIARCHY

Dancing Earth is honored to co-host 3 Eco Somatic Workshops, commissioned by Narragansett Tribal Child and Family Service Department

February 16: Workshop 1

12:00 PM - 1:30 PM EST (9:00 AM PST | 10:00 AM MST | 11:00 AM CST)

February 23: Workshop 2

12:00 PM - 1:30 PM EST (9:00 AM PST | 10:00 AM MST | 11:00 AM CST)

March 2: Workshop 3

5:00 PM - 6:30 PM EST (Note the later time) (2:00 PM PST | 3:00 PM MST | 4:00 PM CST)

Together, we will restore and restory our sacred bodies, reconnecting our relationship with our most ancient and eternal matriarchs of land, sky, and waters.

With simple intentional movements, we are encouraged to feel good in our physical forms as manifestations of the body as earth

Register and find out more at:

https://www.dancingearth.org/earthbody-matriarchy

Narragansett First Nation clients of Tribal Child and Family Wellness/Services and survivors of abuse, offered complimentary attendance for the first 10 registrants.