Get vaccinated.
Get your smartphone.
Get started with v-safe.

v-safe℠

after vaccination
health checker

Use your smartphone to tell CDC about any side effects after getting the COVID-19 vaccine. You'll also get reminders if you need a second vaccine dose.

When you get your COVID-19 vaccination, ask your healthcare provider about getting started with **v-safe**

Learn more about **v-safe**
www.cdc.gov/vsafe

CDC

12/01/20

V-Safe After Vaccination Health Checker

V-safe is a smartphone-based tool developed by the CDC that uses text messaging and web surveys to conduct electronic health check-ins with participants who have received a COVID-19 vaccine.

Electronic health check-ins will take place:

- daily for first week post-vaccination
- weekly thereafter until 6 weeks post-vaccination
- additional checks at 3-, 6-, and 12-months post-vaccination

Electronic health check-ins will:

- Provide an opportunity for participants to report any side effects or health problems after COVID-19 vaccination.
  - If reports result in significant health impact, the CDC will follow-up by phone and create a VAERS report if appropriate.
- Capture information on pregnancy status and enable follow-up on pregnant women.
- Remind participants when it is time to get their second dose of COVID-19 vaccine if needed.
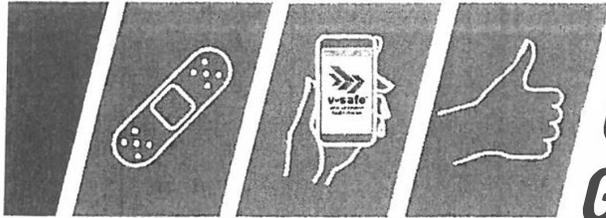
To register, visit: CDC v-safe website

The CDC asks that healthcare providers:
- Give a one-page enrollment sheet to patients at the time of vaccination.
- Counsel patients on the importance of enrolling in v-safe.

Participation in v-safe is voluntary and patients can opt out at any time. Consider placing v-safe posters and materials in clinic rooms and locations where the COVID vaccine may be administered.

Learn more information about using the v-safe after vaccine health checker.

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To help track safety issues with vaccinations, please report adverse vaccine events involving to the VAERS program as recommended in the Indian Health Manual. Instructions for reporting can be found online at the NPTC Pharmacovigilance website.

December 14, 2020

Get vaccinated.
Get your smartphone.
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What is v-safe?

V-safe is a smartphone-based tool that uses text messaging and web surveys to provide personalized health check-ins after you receive a COVID-19 vaccination. Through **v-safe**, you can quickly tell CDC if you have any side effects after getting the COVID-19 vaccine. Depending on your answers, someone from CDC may call to check on you. And **v-safe** will remind you to get your second COVID-19 vaccine dose if you need one.

Your participation in CDC's **v-safe** makes a difference — it helps keep COVID-19 vaccines safe.

How can I participate?

Once you get a COVID-19 vaccine, you can enroll in **v-safe** using your smartphone. Participation is voluntary and you can opt out at any time. You will receive text messages from **v-safe** around 2pm local time. To opt out, simply text "STOP" when **v-safe** sends you a text message. You can also start **v-safe** again by texting "START."

How long do v-safe check-ins last?

During the first week after you get your vaccine, **v-safe** will send you a text message each day to ask how you are doing. Then you will get check-in messages once a week for up to 5 weeks. The questions **v-safe** asks should take less than 5 minutes to answer. If you need a second dose of vaccine, **v-safe** will provide a new 6-week check-in process so you can share your second-dose vaccine experience as well. You'll also receive check-ins 3, 6, and 12 months after your final dose of vaccine.

Is my health information safe?

Yes. Your personal information in **v-safe** is protected so that it stays confidential and private.*

*To the extent **v-safe** uses existing information systems managed by CDC, FDA, and other federal agencies, the systems employ strict security measures appropriate for the data's level of sensitivity. These measures comply, where applicable, with the following federal laws, including the Privacy Act of 1974; standards enacted that are consistent with the Health Insurance Portability and Accountability Act of 1996 (HIPAA); the Federal Information Security Management Act, and the Freedom of Information Act.

v-safe[SM]
after vaccination
health checker

Use your smartphone to tell CDC about any side effects after getting the COVID-19 vaccine. You'll also get reminders if you need a second vaccine dose.

Sign up with your smartphone's browser at vsafe.cdc.gov

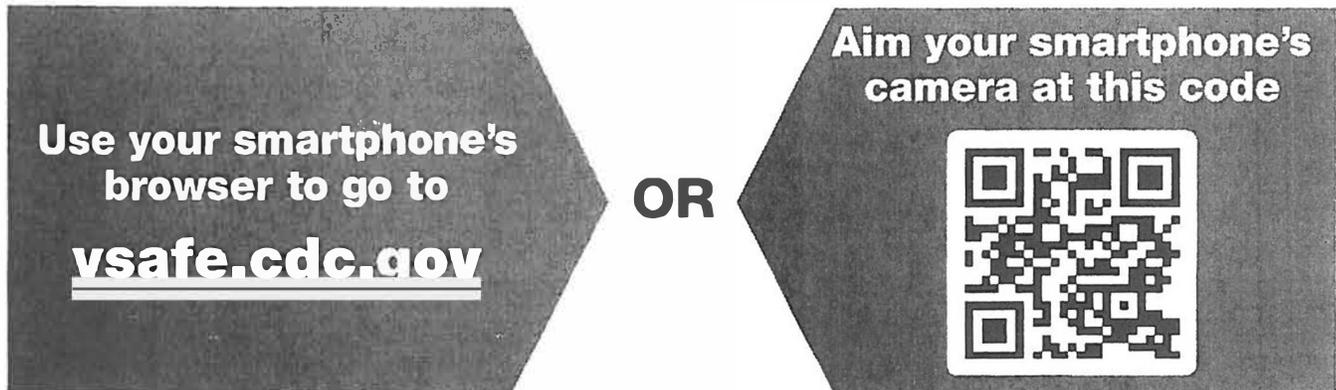**OR**

Aim your smartphone's camera at this code

How to register and use v-safe

You will need your smartphone and information about the COVID-19 vaccine you received. This information can be found on your vaccination record card; if you cannot find your card, please contact your healthcare provider.

Register

1. Go to the *v-safe* website using one of the two options below:

Use your smartphone's browser to go to vsafe.cdc.gov

OR

Aim your smartphone's camera at this code

2. Read the instructions. Click **Get Started**.
3. Enter your name, mobile number, and other requested information. Click **Register**.
4. You will receive a text message with a verification code on your smartphone. Enter the code in *v-safe* and click **Verify**.
5. At the top of the screen, click **Enter your COVID-19 vaccine information**.
6. Select which COVID-19 vaccine you received (found on your vaccination record card; if you cannot find your card, please contact your healthcare provider). Then enter the date you were vaccinated. Click **Next**.
7. Review your vaccine information. If correct, click **Submit**. If not, click **Go Back**.
8. **Congrats! You're all set!** If you complete your registration before 2pm local time, *v-safe* will start your initial health check-in around 2pm that day. If you register after 2pm, *v-safe* will start your initial health check-in immediately after you register—just follow the instructions.

   You will receive a reminder text message from *v-safe* when it's time for the next check-in—around 2pm local time. Just click the link in the text message to start the check-in.

Complete a v-safe health check-in

1. When you receive a *v-safe* check-in text message on your smartphone, click the link when ready.
2. Follow the instructions to complete the check-in.

Troubleshooting

How can I come back and finish a check-in later if I'm interrupted?

- Click the link in the text message reminder to restart and complete your check-in.

How do I update my vaccine information after my second COVID-19 vaccine dose?

- *V-safe* will automatically ask you to update your second dose information. Just follow the instructions.

Need help with *v-safe*?
Call 800-CDC-INFO (800-232-4636)
TTY 888-232-6348
Open 24 hours, 7 days a week
Visit www.cdc.gov/vsafe