

COVID-19 Vaccines:

Your best shot against
COVID-19.



Narragansett Indian Tribe
Department of HHS /
Narragansett Indian Health Center





Let's talk.



**You'll soon be able to take
a safe vaccine to protect
you from getting COVID-19.**

It's free to everyone.

Here's what you need to know.

Tested, safe and effective, COVID-19 vaccines will help us get back in control of our lives and back to the people and places we love.

- Scientists had a head start, and thousands of volunteers helped with clinical trials.
- The vaccines are tested, safe, and effective.
- You cannot get COVID-19 from the vaccine.
- Those who are most at risk get it first.



Scientists had a head start.



- COVID-19 vaccines are built on decades of work to develop vaccines for similar viruses.
- The first two vaccines use a method that researchers have been studying and working with for decades.



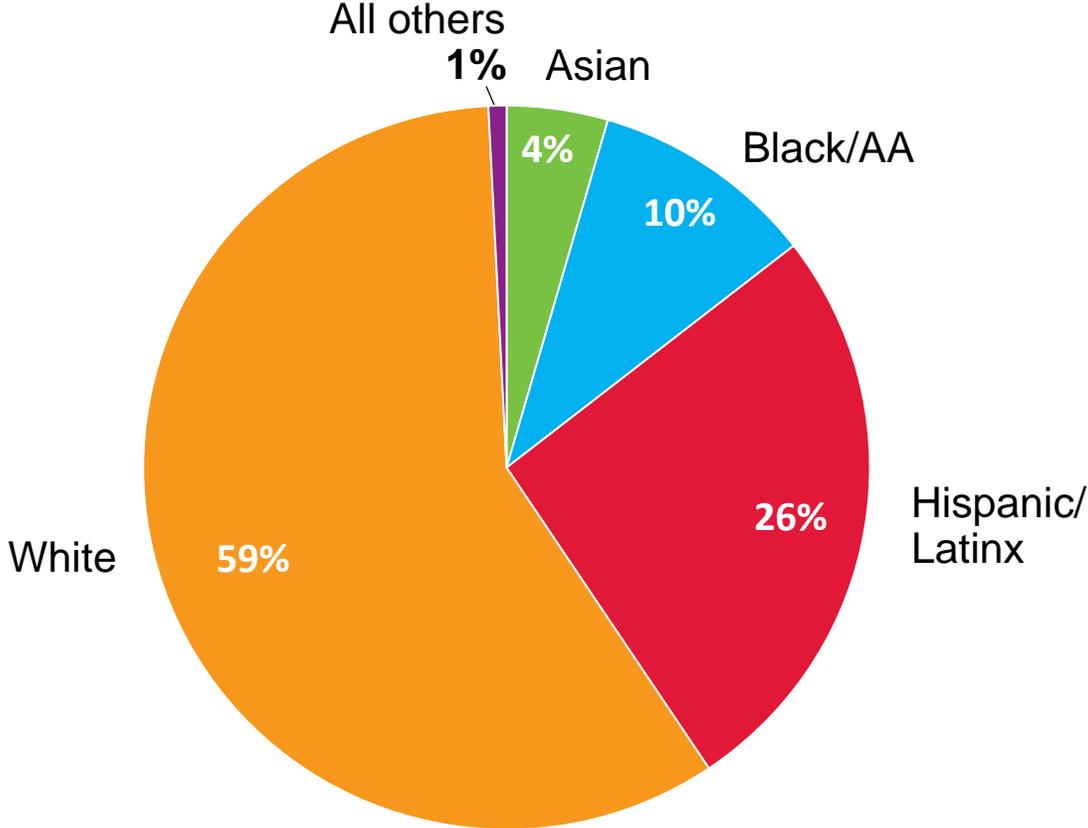
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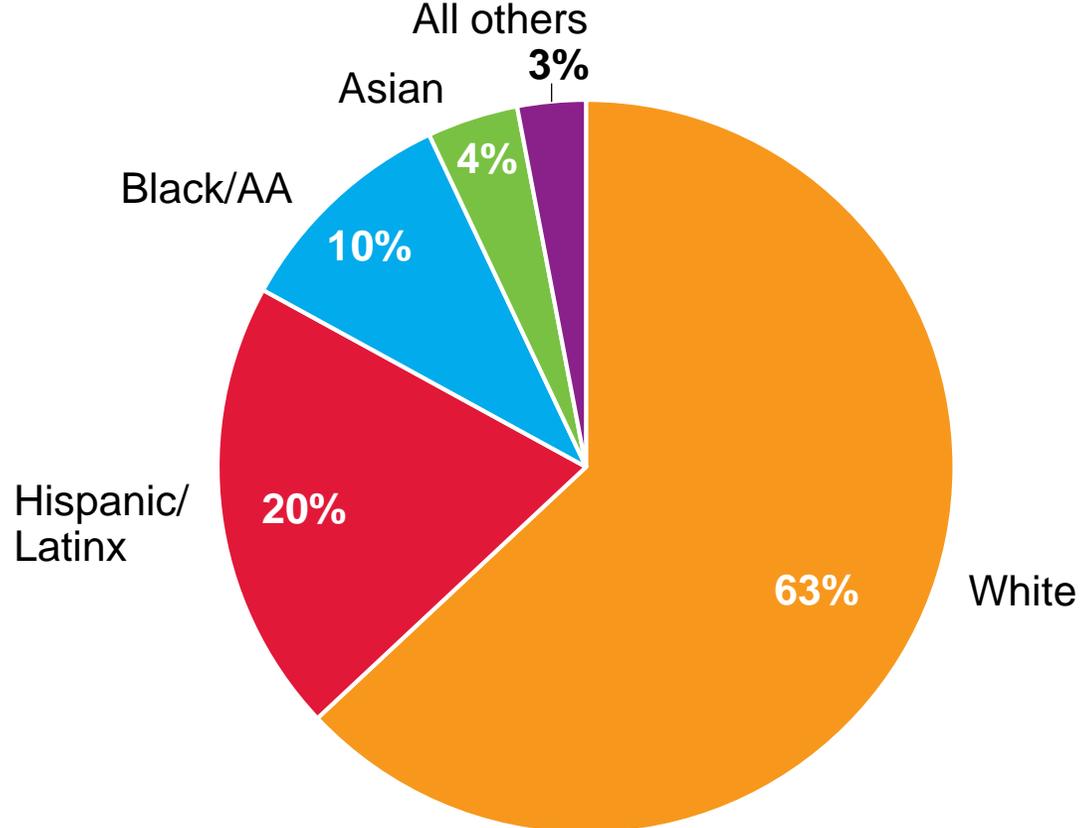
- All vaccines are rigorously tested for safety and effectiveness.
- More than 70,000 people volunteered in clinical trials for two vaccines—Pfizer-BioNTech and Moderna - to make sure the vaccines were safe and worked to prevent COVID-19.
- To date, the vaccines are 95% effective in preventing COVID-19.
- There were no serious safety concerns in the clinical trials with either vaccine.
- You could have temporary reactions like a sore arm, headache, or feeling tired and achy for a day or two.



There have been intentional efforts to recruit volunteers from historically marginalized populations.



Source: <https://www.pfizer.com/science/coronavirus/vaccine>

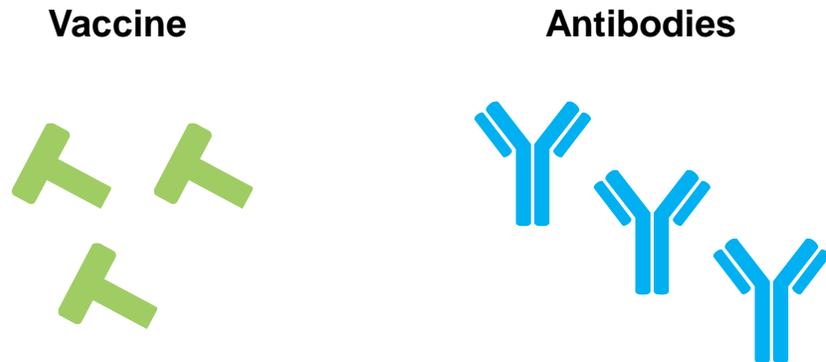


Source: https://www.modernatx.com/sites/default/files/content_documents/2020-COVID-Study-Enrollment-Completion-10.22.20.pdf

You cannot get COVID-19 from the vaccine.

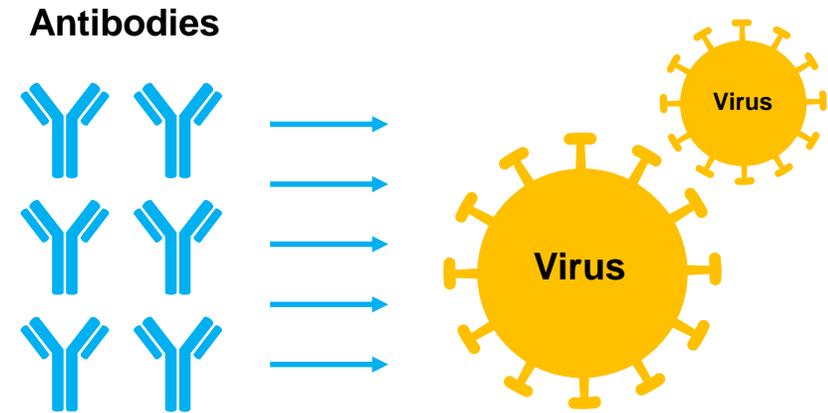
Vaccines safely increase your body's natural ability to fight the virus before the virus attacks you. That's how you win, and the virus loses. Here is how the Pfizer-BioNTech and Moderna vaccines work:

Vaccines imitate COVID without giving it to you.



The Pfizer-BioNTech and Moderna vaccines give your body instructions to make a protein that safely teaches your body to making an antibody to fight the real COVID-19.

You can fight off the real virus if it tries to attack you.



After getting vaccinated, you develop the ability to fight off the real virus because your body is strong enough and knows how to win.

Two shots are necessary—and we have a plan to help everyone get both doses.

- The Pfizer-BioNTech and Moderna vaccines require two shots to build up strong immunity against COVID-19.
- The second shot will come 3 to 4 weeks after the first.
- It is important to get two doses of the same vaccine.
- We built a system—the COVID-19 Vaccine Management System—to help make sure people are safe and get the right second dose at the right time. It lets you schedule appointments and sends you a reminder.



Your privacy and personal information are protected at all times.

- Nothing in the vaccine can be tracked—the protein your body makes cannot be tracked and it disappears after it finishes making you stronger.
- Personal information about your vaccination and health are protected at all times.
- We do not send any personal information to the CDC.



Vaccines will be available to all— for free.



- Supplies will be limited at first.
- The Pfizer-BioNTech and Moderna vaccines have been authorized and sent to states, but it will be some time before they are widely available to everyone.
- State and federal public health experts recommended starting with vaccinations for those most at risk.
- More people will be reached when the vaccine supply increases throughout 2021.
- The vaccines are free to everyone, even if you don't have health insurance.

Those most at risk get it first.

1a
Health care workers fighting COVID-19 & Long-Term Care staff and residents.

- Health care workers caring for and working directly with patients with COVID-19, including staff responsible for cleaning and maintenance in those areas
- Health care workers administering vaccine
- Long-term care staff and residents—people in skilled nursing facilities and in adult, family and group homes

1b
Adults 75 years or older and frontline essential workers.

There is not enough vaccine for everyone in this phase to be vaccinated at the same time. Vaccinations will be available to groups in the following order.

- **Group 1:** Anyone 75 years or older, regardless of health status or living situation
- **Group 2:** Health care workers and frontline essential workers 50 years or older*
- **Group 3:** Health care workers and frontline essential workers of any age

** The CDC defines frontline essential workers as first responders (e.g., firefighters and police officers), corrections officers, food and agricultural workers, U.S. Postal Service workers, manufacturing workers, grocery store workers, public transit workers, and those who work in the education sector (teachers and support staff members) as well as child care workers*

2
Adults at high risk for exposure and at increased risk of severe illness.

Vaccinations will happen by group in the following order:

- **Group 1:** Anyone 65-74 years old, regardless of health status or living situation
- **Group 2:** Anyone 16-64 years old with high-risk medical conditions that increase risk of severe disease from COVID-19 such as cancer, COPD, serious heart conditions, sickle cell disease, Type 2 diabetes, among others, regardless of living situation
- **Group 3:** Anyone who is incarcerated or living in other close group living settings who is not already vaccinated due to age, medical condition or job function
- **Group 4:** Essential workers not yet vaccinated*

** The CDC defines these as workers in transportation and logistics, water and wastewater, food service, shelter and housing (e.g., construction), finance (e.g., bank tellers), information technology and communications, energy, legal, media, and public safety (e.g., engineers), and public health workers*

3
Students

- College and university students
- K-12 students age 16 and over. Younger children will only be vaccinated when the vaccine is approved for them

4
Everyone who wants a safe and effective COVID-19 vaccination.

Current Phase



How will you know when and where to get your shot?

- Contact NIHC about when your appointment can be scheduled according to your health and job status.
- We hope that by early 2021, we will start vaccinating adults based on our phased approach according age, health risks and jobs that make them higher risk for getting COVID-19.

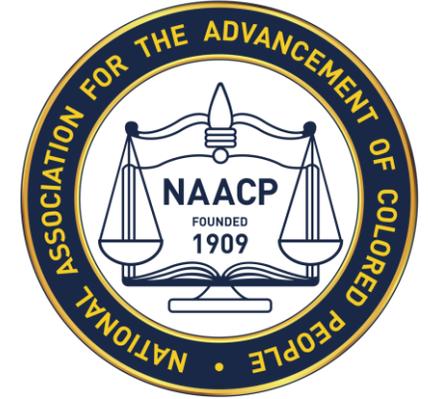
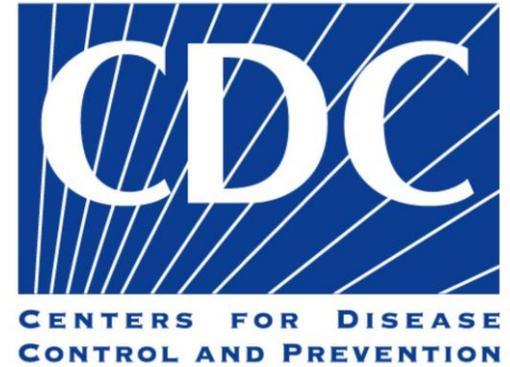


Keeping everyone informed

- We are working hard to give the tribal community the information they need to take their shot.
- Look for information on our tribal website, social media, and from trusted community resources.
- The goal is to provide the vaccine for all tribal members who want it.



Leading medical and professional organizations are encouraging Americans to get vaccinated



Keep practicing the 3 Ws: Wear, Wait, and Wash.

If you leave home, know your 3 Ws!
¡Si sales de casa, recuerda las 3 Ms!



WEAR

a cloth mask over your nose and mouth.

MASCARILLA

Usar una mascarilla de tela cubriendo nariz y boca.



WAIT

6 feet apart. Avoid close contact.

MANTENER

6 pies (2 metros) de distancia. Evitar estar cerca de los demás.



WASH

your hands or use hand sanitizer.

MANOS

Lavarte las manos con frecuencia o usar desinfectante para manos.

- Getting the COVID-19 vaccine and following the 3 Ws is everyone's best protection from getting and spreading COVID-19.
- Continue using the 3 Ws and limiting social gatherings until most people are vaccinated.
- Getting back in control, getting back to family and friends, and getting kids back to school will take some time—but the COVID-19 vaccine and the 3 Ws will get us there quicker and safer.

